



yanae<sup>®</sup>

For a gentle and  
intuitive IUD insertion<sup>1</sup>

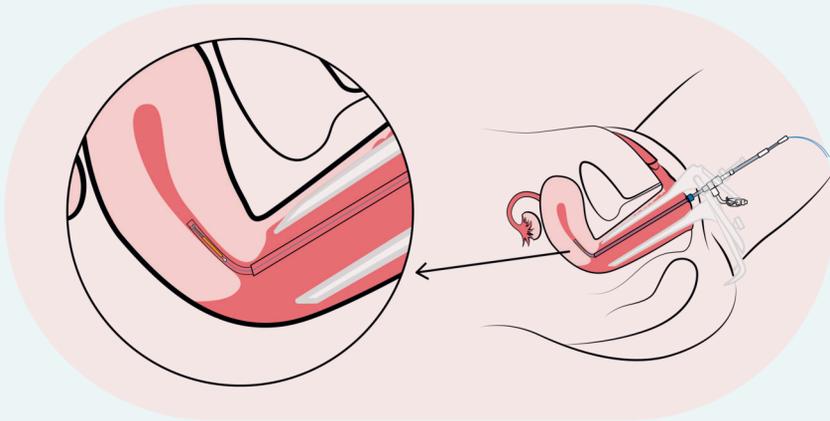
1. Canela, Desjardin. Yanae® pilot Proof of Concept: feasibility and qualitative assessment. YANAE-P21001. April 2021. Proprietary document. CEMAG Care

IE-YAN-21(2) February 2025



For a gentle and intuitive insertion procedure<sup>1</sup>

Thanks to a soft and flexible membrane



- Facilitates cervical crossing
- Minimises the use of tenaculum and uterine sound<sup>2</sup>
- Conforms to the woman's anatomy<sup>1</sup>

Expected benefits<sup>1</sup>

- For practitioners: Well tolerated and easy to use
- For patients: Comfortable, reduces pain and stress

Indications

- Non-hormonal contraceptive copper intrauterine device (IUD), effective for 5 years
- Emergency contraception

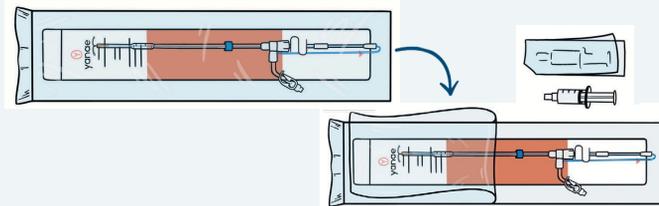
1. Canela, Desjardin. Yanae® pilot Proof Of Concept Study: feasibility and qualitative assessment. YANAe-P21001 April 2021. Proprietary document CEMAG CARE

2. Michaels et al. Evaluation of an innovative IUD inserter: results of real-world survey in France. ESC Abstract Book 2024 – Poster presentation

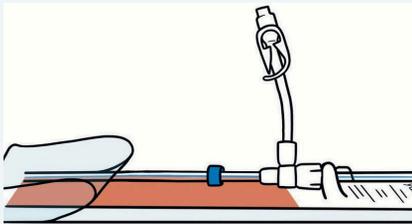
## Step 1 Preparation of Yanae®

### 1.A. Opening the packaging

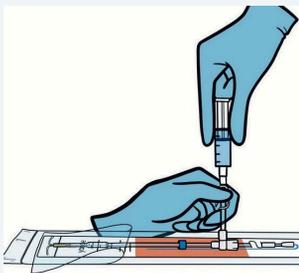
**Please note** : Preparation should be performed on a flat surface. Open half of the packaging on the side marked "open" to access the inflation tube and preserve the sterility of the IUD.



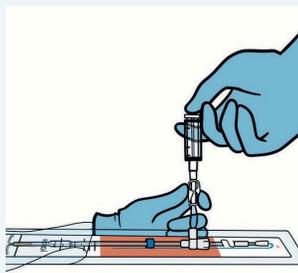
### 1.B. Inflating the membrane



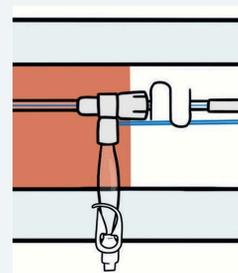
Remove the pre-filled saline syringe from its packaging. **No need to remove the air from the syringe.** Turn the inflation tube upwards into a vertical position.



Connect the pre-filled syringe to the luer port.

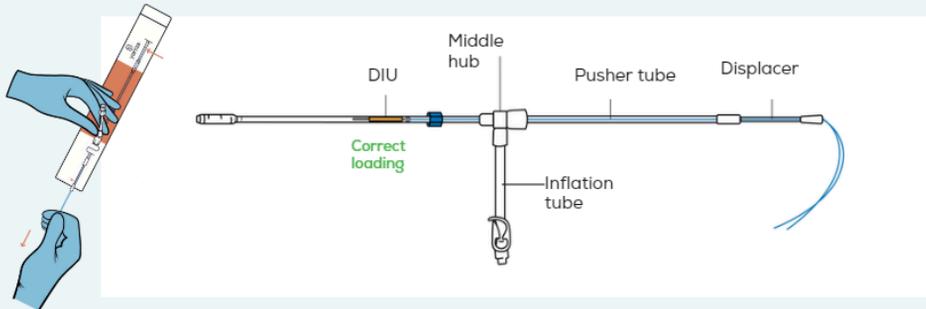


Inject the content until you feel a strong resistance. **It is not necessary to inject all the saline solution.** While holding the plunger firmly down, clamp to secure the pressure.



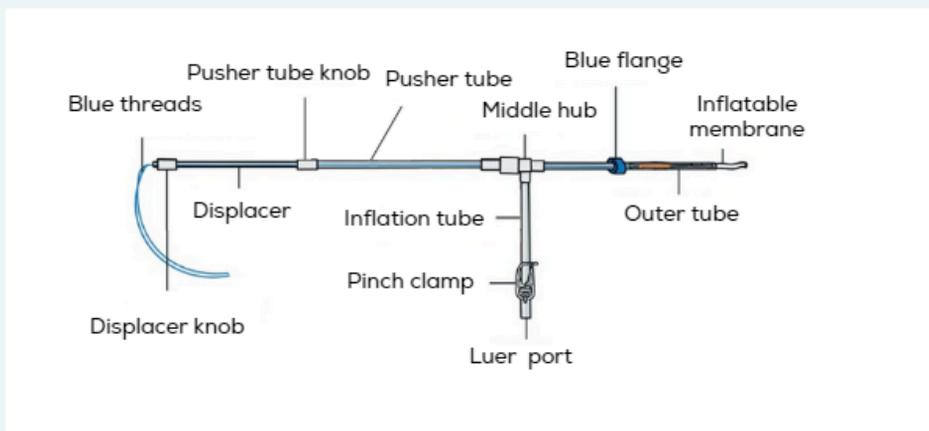
Remove the syringe and check that the inflation tube is well distended.

## 1.C. Loading the IUD into the inserter



- To load the IUD into the inserter, hold the device flat by the middle hub with your non-dominant hand and then release the blue threads from the packaging with your other hand.
- Pull back the blue threads to fold the arms of the IUD into the inserter and slide it into the tube.
- Pull all the way through until you can not pull anymore and then verify that the IUD is entirely in the inserter with the copper part of the IUD close to the blue flange (approx 1 cm).
- Remove the IUD from its packaging

	Width	Length	GTIN code
Yanae	27.50 to 29.50mm	29.00 to 31.00mm	 3 665851 000035



## Step 2 : Insertion of the IUD into the uterus

### 2.A. Deploying the membrane into the uterine cavity

To initiate the deployment of the membrane, it is important **to insert the external part of the membrane**, i.e. the few millimeters of the distal part of the device, into the external orifice of the cervix.

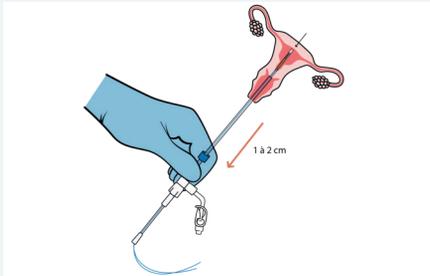
**Note:** The rigid graduated outer tube remains outside and comes into contact with the external cervix.

- While holding the middle hub with your non-dominant hand, gently push the pusher tube to deploy the **flexible membrane** through the cervical canal and advance the IUD into the uterine cavity until the end of the pusher tube is in contact with the middle hub. The membrane measures 6.8 cm.
- **For small uterus** (length < 7cm), the end of the membrane will be in contact with the uterine fundus before the end of the push. When you feel resistance, stop pushing. While holding the pusher tube in a fixed position, bring the middle hub back towards the pusher tube.

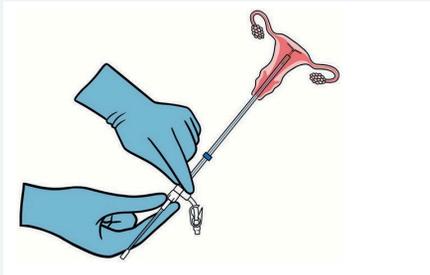


**At the end of this step, the end of the pusher tube should be in contact with the middle hub of the inserter.**

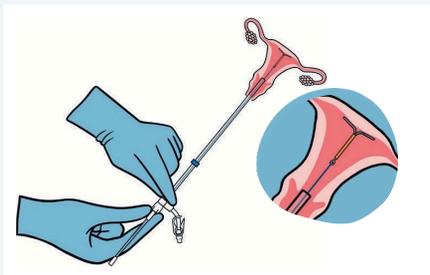
## 2.B. Deployment of the IUD and withdrawal of the inserter



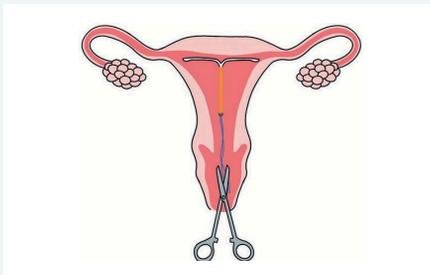
Pull back the entire inserter by 1 to 2 cm to leave enough space in the uterine cavity for the deployment of the arms of the IUD.



While holding the middle hub in a fixed position, push the displacer to deploy the IUD into the uterine cavity. At the end of this stage, the displacer knob should abut against the knob of the pusher tube. In case you reach the fundus before the end of the deployment of the IUD, adjust the deployment by pulling back the middle hub while maintaining the pusher knob in a fixed position. The IUD is now correctly placed at the fundus.



To ensure complete release of the IUD, all three elements (middle hub, end of the pusher tube and end of the displacer tube) must be in contact. You can remove the entire inserter by holding it by the middle hub, in one go.



Cut the threads so that they are visible outside the cervix (approx. 3-4 cm).



## TECHNICAL SHEET YANAE®

### Description of the device

- Intrauterine contraceptive device copper 380 with Crossglide™ inserter (pneumatic membrane)
- Sterile, single use only
- Storage (expiry date): 34 months
- *In situ* shelf-life: 5 years

### Indications

- Non-hormonal contraceptive copper intrauterine device (IUD), effective for 5 years
- Emergency contraception

### Materials

- IUD: copper wire with a diameter of 0.38 to 0.40mm, purity: 99,99% (total surface  $380 \pm 38\text{mm}^2$ )/Horizontal and vertical arms made of Low Density Polyethylene (LDPE) charged with Baryum Sulfate Removal blue threads made of High Density Polyethylene (HDPE) and Nylon (0.25mm)
- Inserter Crossglide™: Polyethylene terephthalate (PET) tube/Nylon ML21/PEBAX, inflatable, membrane in LDPE, inflation tube in silicone
- (Elastosil), blue flange in PVC, clamp in PE

Absence of latex, phthalates and products of animal or biological origin.

Dimensions of the inflatable membrane:

- Diameter : 4.50 mm  $\pm$  0.40 mm
- Membrane entirely deployed : 6.8 cm



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IUD insertion<sup>1</sup>



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