

- Non-hormonal contraception
- Effective for 5 years
- Insertion technique designed to reduce the need for some gynaecological instruments <sup>1,2</sup>

For more information, please visit  
[www.consilienthealth.ie](http://www.consilienthealth.ie)



If you get any side-effects from a Consilient Health pharmaceutical product, please talk to your doctor, pharmacist or nurse. This includes any possible side-effects not listed on the label. You can also report side-effects directly to HPRC Pharmacovigilance via [www.hpra.ie](http://www.hpra.ie).

By reporting side-effects, you can help provide information on the safety of this medicine or medical device.

Consilient Health Ltd.,  
Block 2A Richview Office Park,  
Clonskeagh, Dublin 14,  
D14 Y0A5

# yanae<sup>®</sup>

## Patient Booklet

This booklet is intended  
for women who have  
been prescribed Yanae<sup>®</sup>.

Please read the Patient  
Information Leaflet (PIL)  
for full details.



Scan QR Code



IE-YAN-32a  
Date of Preparation:  
October 2025

# What is Yanae®?

Yanae® is a **small, Y-shaped copper intrauterine device (coil)**. It is free from hormones, allowing your natural cycle to continue.



Yanae offers up to **5 years contraception** and is **reversible** on removal.

It offers **over 99% effectiveness** and can also be used as emergency contraception if inserted within **5 days** after unprotected sex.<sup>1</sup>

## Insertion is via a soft membrane<sup>1</sup>

Yanae® has been designed using a membrane to help the insertion, aiming for a **more comfortable** experience for women.<sup>1</sup>

In most cases, **no tenaculum** (a surgical instrument used to hold the cervix) or **uterine sounding** (measuring the depth of the uterus) is required<sup>2</sup>, which should mean a quicker and possibly less painful procedure.

- However, you may experience some cramping.

<sup>1</sup> Canela, Desjardin. Yanae® pilot Proof Of Concept Study: feasibility and qualitative assessment. YANA-E-P21001. April 2021. Proprietary document CEMAG CARE.

<sup>2</sup> Michaels et al. Evaluation of an innovative IUD inserter: results of real-world survey in France, ESC Abstract Book 2024 – Poster presentation.