

How to take Citidaron® (Cytisinicline)

Citidaron® is supplied in a packet of 100 tablets and one packet of Citidaron® is sufficient for a complete 25-day course of therapy.¹

Citidaron® should be taken as per the schedule overleaf.¹

For further information scan the QR code to access the patient information leaflet.



Congratulations on deciding to stop smoking!

Making the first step towards giving up smoking is a great start. Giving up is difficult and you may lapse along your way, but it is really important to keep going. You will get there in the end!

Quitting will provide you with a range of health, lifestyle, and financial benefits that you will be able to see and feel after the first few days.

Have a chat with your local healthcare professional who will be able to help you achieve your goal and direct you towards the most appropriate help and support.

If you have any questions about your prescription, please speak to your healthcare professional and log onto www.consilienthealth.ie.

If you need additional support to help you quit smoking, your local stop smoking services can be found using the following link or scan the QR code below.

www.hse.ie/living-well/quit-smoking



If you get any side effects from a Consilient Health pharmaceutical product, please talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed on the label. You can also report side effects directly to HPRA Pharmacovigilance via www.hpra.ie. By reporting side effects, you can help provide information on the safety of this medicine or medical device.

Your 25-day guide to quitting smoking with

Citidaron®

Cytisinicline

Previously used name cytisine



For smokers serious about quitting and who have been prescribed Citidaron® (cytisinicline).

Before commencing treatment please read this leaflet and follow your healthcare professionals instructions.

Reference

1. Citidaron SmPC, Consilient Health 2025.

YOUR DOSAGE SCHEDULE FOR QUITTING SMOKING

25 DAYS OF TREATMENT

Record your start date here.
Record the time in each box below as you take each tablet.
The day is numbered at the top of each column.

Citidaron® should be taken according to the following schedule:

Days 1-3

1 tablet every 2 hours
(Daily: 6 tablets max)

1	2	3

Days 4-12

1 tablet every 2.5 hours
(Daily: 5 tablets max)

4	5	6	7	8	9	10	11	12

Days 13-16

1 tablet every 3 hours
(Daily: 4 tablets max)

13	14	15	16

Days 17-20

1 tablet every 5 hours
(Daily: 3 tablets max)

17	18	19	20

Days 21-25

1 - 2 tablets a day
(Daily: 2 tablets max)

21	22	23	24	25

Smoking should be stopped no later than on the 5th day of treatment.

Each column represents your day.
Fill in each square for that day with the time you take each tablet.

1
9 am
11 am
1 pm
3 pm
5 pm
7 pm

EXAMPLE

- One package of Citidaron® (100 tablets) is sufficient for a complete treatment course.
- Smoking should not be continued during treatment as this may aggravate adverse reactions.
- In case of treatment failure, the treatment should be discontinued and may be resumed after 2 to 3 months.

You've got this!

Citidaron®
Cytisinicline
Previously used name cytisine